



Go digital—Plan smarter for retirement and more!

Let TIAA answer your questions

Call us at 800-842-2252, weekdays, 8 a.m. to 10 p.m. (ET).

Want to speak with a consultant at no extra cost?

Call 800-732-8353, weekdays, 8 a.m. to 8 p.m. (ET), or schedule online at TIAA.org/schedulenow.

Get the TIAA mobile app



TIAA makes it easy to manage your retirement account

Log in to the TIAA mobile app* to:

- Check your balances, along with your personal rate of return
- Use 360° Financial View to see your complete financial picture in one place
- View year-to-date contributions and change how future contributions are invested
- Move money among your plan's investment options
- Upload completed forms or files to TIAA for processing
- Set up *eDelivery*, update personal information and manage communication preferences
- Set up alerts for plan communications, including SMS

Log in to TIAA.org to take your retirement planning to the next level

- View year-to-date contributions and change how future contributions are invested
- Move money among your plan's investment options
- Update beneficiaries and other personal information
- Use the **Retirement Income Illustrator** tool to help you meet your retirement income goals
- Use the **Retirement Advisor** tool to create a customized action plan with savings and investment recommendations
- Create and monitor goals to help keep you on track for retirement
- Reserve a spot at a live **TIAA webinar**



*Not all features are available on all devices.

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